

# Schar Bread Crumbs, GF

## Nutrition Facts

8 servings per container

**Serving size** 2 tbsp (30g)

**Amount Per Serving**

**Calories** **110**

**% Daily Value\***

**Total Fat** 0g **0%**

Saturated Fat 0g **0%**

*Trans* Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 250mg **11%**

**Total Carbohydrate** 24g **9%**

Dietary Fiber 1g **4%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

**Protein** 3g

Vitamin D 0mcg **0%**

Calcium 0mg **0%**

Iron 0.6mg **4%**

Potassium 50mg **2%**

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.