

Nutrition Facts

5 servings per container

Serving size**1 bar (40g)**

Amount Per Serving

Calories**140**

% Daily Value*

Total Fat 3.5g **4%**Saturated Fat 0g **0%***Trans* Fat 0g**Cholesterol** 0mg **0%****Sodium** 65mg **3%****Total Carbohydrate** 28g **10%**Dietary Fiber 3g **11%**

Total Sugars 12g

Includes 6g Added Sugars **12%****Protein** 2gVitamin D 0.5mcg **2%**Calcium 0mg **0%**Iron 0.5mg **2%**Potassium 110mg **2%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.