GM - Corn Chex

Nutrition Facts

Serving Size 1 cup (31g)
Serving Per Container about 11

Amount Per Serving

Calories 120	Calories from Fat 5	
		% Daily Value *
Total Fat 0.5g		**1**%
Saturated Fat 0g		**0**%
Trans Fat 0g		
Cholesterol 0mg		**0**%
Sodium 220mg		**9**%
Total Carbohydrate 26g		**9**%
Dietary Fiber 2g		**7**%
Sugars 3g		
Protein 2g		

Vitamin A 10%	Vitamin C 10%
Calcium 10%	Iron 45%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Value may be higher or lower depending on your calorie needs.