Ener-G Multigrain Brown Rice Bread Nutrition Facts

12 servings per container

Serving size

1 slice (38g) 100

Amount Per Serving

Calories

Total Fat 5q

Saturated Fat 1.5a

Trans Fat 0g Cholesterol 0mg

Sodium 115mg Total Carbohydrate 15a

Dietary Fiber 2q Total Sugars 3g Includes 1g Added Sugars

Protein 1q

Vitamin D 0mcg

Calcium 6mg

day is used for general nutrition advice.

Iron 0ma

Potassium 20mg

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet, 2,000 calories a

0% 0% 0%

% Daily Value*

6%

8%

0%

5%

5%

7%

2%

0%